

Weekly Menu For a Bay at Belmont FW 2021 - Week 1 - Diet : REGULAR/REGULAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL
CHOICE OF EGG	SCRAMBLED EGGS	CHOICE OF EGG	PANCAKES	BISCUITS & SAUSAGE GRAVY	SCRAMBLED EGGS	CHOICE OF EGG
ASSORTED DONUTS	TOAST	BACON	SAUSAGE LINK	MILK	SMOKIES	CINN RAISIN TOAST
MILK	JELLY PC	MILK	SYRUP	CHOICE OF JUICE	TOAST	MILK
CHOICE OF JUICE	MILK	CHOICE OF JUICE	MILK		JELLY PC	CHOICE OF JUICE
	CHOICE OF JUICE		CHOICE OF JUICE		MILK	
					CHOICE OF JUICE	
PORK LOIN MAPLE MUSTARD	CHEESE MANICOTTI w/SC	SLICED BEEF w/ GRAVY	TERIYAKI GRILLED CHICKEN	MAC & CHEESE	CREAMED TURKEY	CHICKEN ALFREDO
SCALLOPED POTATOES	GARLIC TOAST	MASHED POTATOES	BAKED SWEET POTATO	MEATLOAF	MASHED POTATOES	BROCCOLI
GREEN BEANS	BROWNIE	SLICED CARROTS	WINTER BLD VEGETABLES	MIXED VEGETABLES	MIXED VEGETABLES	GARLIC TOAST
ASSORTED PIES	MILK	BREAD SLICE	BREAD SLICE	CHOCOLATE CHIP COOKIE	CHERRY CAKE	MANDARIN ORANGES
MILK		FROSTED PUMPKIN BAR	APPLE CRISP	MILK	MILK	MILK
		MARGARINE	MARGARINE			
		MILK	MILK			
STEAK	FISH AND CHIPS	BAKED PORK CHOP	BEEF TACO SALAD w/CHIPS	GRILLED SAUSAGE	CRISPY BATTERED FISH	SOUP OF THE DAY
MASHED POTATOES W/GRAVY		STUFFING		MAC & CHEESE	MIXED VEGETABLES	COLD CUT SAND on WHITE
BREADED CHICKEN PATTY on BUN	HOT CHEESY TURKEY on BUN	REUBEN CASSEROLE	HAM & BEAN SOUP	GRILLED CHICKEN BREAST	CHICKEN AND WILD RICE SOUP	WESTERN BURGER
POTATO WEDGES	POTATO CHIPS	MIXED VEGETABLES	SALTINE CRACKERS	ROSEMARY BABY RED POTATOES	MARIN CUC & ONIONS	TATER TOTS
LETT TOM ONION	THREE BEAN SALAD	PINEAPPLE TIDBITS	BREADSTICK	COUNTRY VEGETABLES	SALTINE CRACKERS	GREEN BEANS
SUGAR COOKIES	PEAR SLICES	MILK	PEACH SLICES	DINNER ROLL	APPLE BUTTERSCOTCH FLUFF	VERY BERRY GELATIN
MILK	MILK		MILK	ASSORTED DESSERT	MILK	MILK
				MARGARINE		
				MILK		
CHEESE OMELET	DELI SANDWICH	HAMBURGER on BUN	MEATBALL STEW	TOMATO SOUP	CHICKEN TENDERS	CHEF SALAD
V-8 JUICE	POTATO CHIPS	POTATO SALAD	MASHED POTATOES	GRILLED CHEESE SANDWICH	FRENCH FRIES	

NAME: _____

ROOM: _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL
SAUSAGE PATTY	CHOICE OF EGG	CHEESY EGG BAKE	FRENCH TOAST	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS
ICED CINN ROLL	COFFEE CAKE	TOAST	SAUSAGE LINK	SAUSAGE PATTY	CANADIAN BACON	TOAST
MILK	MILK	JELLY PC	SYRUP	CINN RAISIN TOAST	TOAST	JELLY PC
CHOICE OF JUICE	CHOICE OF JUICE	MILK	MILK	MILK	JELLY PC	MILK
		CHOICE OF JUICE	CHOICE OF JUICE	CHOICE OF JUICE	MILK	CHOICE OF JUICE
					CHOICE OF JUICE	
CHICKEN BRST	STEAK TIPS W/GRAVY	ITALIAN GRINDER	GLAZED BAKED HAM	ROAST TURKEY SLICE	STEAMED FISH	SPAGHETTI w/MEAT
MASHED POTATOES	PARSLIED NOODLES	POTATO WEDGES	BAKED SWEET	STUFFING	BAKED POTATO	VEGETABLE
MIXED VEGETABLE	SLICED CARROTS	GREEN BEANS	GREEN PEAS	SQUASH	CAULIFLOWER	GARLIC TOAST
DINNER ROLL	STRAWBERRIES	HOT FRUIT COMPOTE	BREAD SLICE	BROCCOLI	RYE BREAD	FRUIT
HOT SPICED APPLES	& BANANAS	MILK	CHEF'S ASSORTED	PINEAPPLE	7UP CAKE	MILK
MARGARINE	MILK		MARGARINE	MILK	MILK	
MILK			MILK			
BAKED COD	EGG SALAD SAND	HAMBURGER ON BUN	CRISPY BATTERED	BEEF GRAVY	PORK STEAK	SEASONED CHICKEN
BAKED POTATO	POTATO CHIPS	POTATO WEDGES	POTATO WEDGES	FRENCH FRIES	MASHED POTATOES	SWEET MASHED
	THREE BEAN SALAD	CREAMY CUCUMBER				POTATOES
CHILI with BEANS	FISH on a BUN	SMOTHERED PORK	MEATLOAF	MEATBALLS w/BBQ	CHCKEN THIGH	BBQ PULLED PORK ON
SHREDDED CHEESE	POTATO CHIPS	STEAMED RICE	MASHED POTATOES	RICE	SCALLOPED	ON BUN
SOUR CREAM	COLESLAW	WINTER BLD	GREEN BEANS	SLICED CARROTS	WINTER BLEND VEG	SWEET POTATO FRIES
CORNBREAD	ICE CREAM	RED VELVET CAKE	MANDARIN ORANGES	DINNER ROLL	ANGEL FOOD CAKE	MACARONI SALAD
MARGARINE	MILK	MILK	MILK	MARGARINE	WITH FRUIT	APPLSAUCE
CRANBERRY FLUFF				CHEF'S CHOICE FRUIT	MILK	MILK
MILK				MILK		
PORK CHOP	BAKED CHICKEN	CHEESE PIZZA	PORK RIB PATTY	SOUP OF THE DAY	BRAT ON BUN	PANCAKE
ROASTED POTATOES	MASHED POTATO	GREEN BEANS	MACARONI & CHEESE	BLT	SAUERKRAUT	SAUSAGE
CABBAGE	CREAM CORN			CHIPS	PASTA SALAD	SYRUP

Weekly Menu For a Bay at Belmont FW 2021 - Week 3 - Diet : REGULAR/REGULAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CHOICE OF CEREAL SAUSAGE LINK ASSORTED MUFFINS MILK CHOICE OF JUICE	CHOICE OF CEREAL SAUSAGE PATTY CHOICE OF EGG HASHBROWNS MILK CHOICE OF JUICE	CHOICE OF CEREAL CHOICE OF EGG ICED CINN ROLL MILK CHOICE OF JUICE	CHOICE OF CEREAL SAUSAGE PATTY PANCAKES SYRUP MILK CHOICE OF JUICE	CHOICE OF CEREAL BISCUITS & SAUSAGE GRAVY MILK CHOICE OF JUICE	CHOICE OF CEREAL CHOICE OF EGG SAUSAGE LINK MILK CHOICE OF JUICE	CHOICE OF CEREAL CHOICE OF EGG CINN RAISIN TOAST MILK CHOICE OF JUICE
POT ROAST w/GR OVEN ROASTED POTATOES SLICED CARROTS BANANA CAKE MILK	SLOPPY JOE on BUN POTATO CHIPS BAKED BEANS MIXED FRUIT MILK	CHICKEN TENDERS FRIED POTATOES COUNTRY VEGETABLES PINEAPPLES MILK	BAKED CHIC BRST ROASTED POTATOES MIXED VEGETABLES STRAWBERRY JELLO W/FRUIT MILK	TURKEY BREAST WINTER BLD VEGETABLES MASHED POTATOES CRANBERRY FLUFF MILK	BAKED COD GREEN PEAS BAKED POTATO BREAD SLICE LEMON CAKE MILK	CHEESEBURGER on BUN POTATO CHIPS FRUIT MEDELY MILK
BBQ CHICKEN BRST POTATO SALAD	CHEF SALAD DINNER ROLL	GOULASH MIXED VEGETABLES	MEATLOAF MAC & CHEESE	MEATBALL STEW BUTTERED NOODLES	HAMBURGER STEAK W/GRAVY SLICED BEETS	BAKED PORK CHOP BAKED SWEET POTATO
CHICKEN BREAST MASHED POTATOES BROCCOLI SNICKER DOODLE MILK	PEPPERONI MAC & CHEESE TOSSED GARDEN SALAD BREAD STICK PEAR SLICES MILK	BEEF STROGANOFF GREEN PEAS BUTTERED NOODLES PUMPKIN BAR MILK	BEEF TATER TOT CASSEROLE SLICED CARROTS CHEF CHOICE FRUIT MILK	BAKED PORK CHOP ROASTED POTATOES CABBAGE BANANA PUDDING MILK	HEARTY SAUSAGE SOUP WITH VEGETABLES CORNBREAD ASST ICE CREAM CUPS MILK POPCORN SHRIMP	BEEF TACO CHEESE, ONOIN, TOMATO LETTUCE, SOUR CREAM SPANISH RICE SUGAR COOKIE MILK
PIZZA	BLT POTATO SALAD	TURKEY BACON SWISS SANDWICH PEA SALAD	BAKED COD STEAMED RICE	BBQ PORK RIBLETTE ON BUN COLESLAW	GREEN BEANS FRENCH FRIES	CHICKEN TENDERS FRENCH FRIES

Weekly Menu For a Bay at Belmont FW 2021 - Week 4 - Diet : REGULAR/REGULAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL
SAUSAGE PATTY	CHOICE OF EGG	CHOICE OF EGG	SAUSAGE PATTY	BISCUITS & SAUSAGE GRAVY	SCRAMBLED EGG w/CHEESE	CHOICE OF EGG
WAFFLE	ASSORTED DONUTS	TOAST	FRENCH TOAST	MILK	TOAST	CINNAMON STREUSEL COFFEE
SYRUP	MILK	JELLY PC	SYRUP	CHOICE OF JUICE	JELLY PC	MILK
MILK	CHOICE OF JUICE	MILK	MILK		MILK	CHOICE OF JUICE
CHOICE OF JUICE		CHOICE OF JUICE	CHOICE OF JUICE		CHOICE OF JUICE	
BEEF LASAGNA	CHICKEN TACO SOUP	ROSEMARY CHIC BRST	BEEF TATER TOT CASSEROLE	MEATBALLS w/BBQ SC	CRISPY BATTERED FISH	ESCALLOPED CHICKEN & NOODLE
MIXED VEGETABLES	TOSSED GARDEN SALAD	STUFFING	SLICED BEETS	SCALLOPED POTATOES	BAKED POTATO	COUNTRY VEGETABLES
DINNER ROLL	CORNBREAD	SLICED CARROTS	HOMEMADE BREAD	GREEN BEANS	COLESLAW	BREADSTICK
LEMON BAR	APPLESAUCE	BROWNIE	ASST ICE CREAM CUPS	BREAD SLICE	BREAD SLICE	OATMEAL RAISIN BARS
MARGARINE	MILK	MILK	MILK	PINEAPPLE CHERRY COBBLER	FLUFFY FRUIT DESSERT	MILK
MILK				MILK	MARGARINE	
					MILK	
HERB CHICKEN BREAST	CREAMED TURKEY	HAMBURGER GRAVY	LEMON PEPPER COD	CHEFS CHOICE	CHILI with BEANS	BAKED PORK CHOP
STEAMED RICE	BISCUIT	MASHED POTATOES	COUNTRY VEGETABLES		SALTINE CRACKERS	MASHED POTATOES
	GREEN BEANS					
TUNA MELT	PORK LOIN	SLOPPY JOE on BUN	CLASSIC TOMATO SOUP	GARLIC CHIC & BROCCOLI	BEEF STEW	INDIVIDUAL PIZZA
PICKLE SPEAR	BROCCOLI	POTATO CHIPS	GRILLED CHEESE SANDWICH	STEAMED RICE	BISCUIT	TOSSED GARDEN SALAD
PEA SALAD	YELLOW SQUASH	BAKED BEANS	MARIN CUC & ONIONS	BLUSH PEARS	CHEFS CHOICE ASSORTED FRUIT	PEACH SLICES
MANDARIN ORANGES	BREAD SLICE	STRAWBERRIES & BANANAS	CHEFS CHOICE ASSORTED FRUIT	SUGAR COOKIE	MILK	MILK
MILK	SPICE CAKE w/ICING	MILK	MILK	MILK		
	MARGARINE					
	MILK					
SMOTHERED LIVER & ONIONS	CHICKEN TENDERS	HAM & BEAN SOUP	CHEF SALAD	HOT DOG ON A BUN	CHEESE OMELET	SOUP OF THE DAY
COUNTRY VEGETABLES	POTATO CHIPS	CORNBREAD	DINNER ROLL	POTATO SALAD	TOMATO JUICE	DELI SANDWICH